



Canada



CORK Olympic Classes Regatta, Sail Canada Senior Championships, Finn Eastern Championship 49er & 49erFX Canadian Championships

August 18-23, 2017
CORK/Sail Kingston
Kingston, Ontario, Canada

- Laser Standard, Laser Radial, 49er, 49erFX and Finn – World Sailing 100 point event.
- Laser Standard and Laser radial (open)- North American Grand Prix Ranking Event
- Finn class - Eastern Championship. (3 days)
- I14 - CDAs (4 days)
- 49er and 49erFX (Open) (4 days)
- Laser Standard, Laser Radial, 49er, 49erFX & Finn - Sail Canada Senior Championship

20/07/2017

SAILING INSTRUCTIONS

[DP] denotes a rule for which a penalty is at the discretion of the protest committee (see SI 17)

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. (RRS).
- 1.2 The applicable prescriptions of Sail Canada will apply. These are listed in Addendum B.
- 1.3 Appendix P, Special Procedures for RRS 42 will apply. For the 49er, 49FX and I14 fleets, the two turns penalty described in RRS 44.1 is replaced with a one turn penalty.
- 1.4 Penalties for infraction of the rules of RRS part 4 – except those exempted by RRS 86.1 – may be less than disqualification.
- 1.5 Arbitration will be offered and will conform to RRS Appendix T.

2 CAMERAS AND ELECTRONIC EQUIPMENT

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the course official notice board located in the Portsmouth Olympic Harbour building. Notices concerning protest and redress hearings status and timing will be posted on the white board at the jury desk.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the official flagpole located mid-harbour at Portsmouth Olympic Harbour. When a signal is displayed over a fleet, class, course or event flag it applies to that fleet, class or course only.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.
- 5.3 [DP] [NP] Flag G displayed with two sounds (one when removed) means "No boat shall go afloat until this signal is removed. The first warning signal will be made not less than 45 minutes after flag G is removed.

6 RACE FORMAT

The 49er FX may – depending on numbers - be started and be scored with the 49ers as a single fleet. All references to 49ers will also apply to 49er FX.

7 SCHEDULE OF RACES

7.1 Dates of racing:

Date	For Split Fleets	For Non-Split Fleets	Notes
Friday, August 18	Registration	Registration	
Saturday, August 19	Qualifying Series	Racing	
Sunday, August 20	Qualifying Series	Racing	
Monday, August 21	Final Series	Racing	Last day of racing for Finn class
Tuesday, August 22	Final Series	Racing	Last day of racing for 49'er, 49'erFX and I14
Wednesday, August 23	Final Series	Racing	Last day of racing for Laser Standard and Laser Radial

- 7.2 Number of races and scheduled warning signal times are as follows (this changes NOR 6): Note that for qualifying series a race consists of 2, 3 or 4 starts depending on the number of fleets.

Class	Total Number	Anticipated Races per Day	Warning Signal
Laser Standard	15	3	1200 hrs
Laser Radial	15	3	1200 hrs
Finn	9	3	1200 hrs
49er & 49erFX	16	4	1200 hrs
I 14	12 + LD	4	1200 hrs <i>LD Race scheduled for Monday August 21. Race Instructions and course description will be posted on the Official Notice Board</i>

One extra race per day may be sailed, provided that no class or fleet becomes more than one race ahead of schedule.

- 7.3 After a significant delay, to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal for at least four minutes before a warning signal is displayed.
- 7.4 On the last day of the regatta when no warning signal will be made after 1600.

8 CLASS/FLEET/EVENT FLAGS

8.1 Class/fleet flags will be:

Class/fleet	Flag
Laser Standard	Laser Insignia on white background
Laser Radial	"R" on contrasting field
Finn	Class Insignia
49er	"49er" on contrasting field
49er FX	"FX" on white background
I14	"14" on a contrasting field

9 RACING AREAS

9.1 The signal boat for each race course will fly the numeral pennant corresponding to their race team number when leaving the harbour until a few minutes before the warning signal for the first race of the day when it will be replaced by the orange start line flag. Failure of the race committee to follow this procedure will not be grounds for redress.

9.2 The racing areas will be in Kingston Harbour. A map of the course areas will be posted on the official notice board. Classes/fleets are assigned to racing areas as follows:

Class(es)	Area	Pennant
Skiffs (49er, 49erFX, I14)	Mike	1
Single Handed (Laser Standard Laser Radial & Finn)	Golf	2

10 THE COURSES

10.1 The diagrams in Addendum A show the courses, including the course designations, course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10.2 In response to course conditions, the race committee may move one or the other gate mark without a signal.

10.3 Where there is a gate, if one of the gate marks is missing the remaining gate mark will be left to port.

10.4 The course to be sailed will be signalled by means of dark lettering on a white board displayed at the transom of the signal boat.

11 MARKS

11.1 The marks will be inflatables of the following colours. :

Race Team	Course Marks	New Mark
Skiffs	Green Tetras	Red Tetras
Single Handed	Orange Tetras	Green Tetras

11.2 The starting and finishing marks will be race committee vessels or floating pins displaying an orange flag.

12 THE START

12.1 The starting line will be between a staff displaying an orange flag on a race committee boat and the course side of the port-end starting mark.

12.2 A "mid-line" mark may be used to assist with the start. It is not a mark of the course and may not be positioned on the starting line.

12.3 *[DP] [NP]* When a start sequence is in progress, boats whose starting sequence has not commenced shall remain at least 100 metres below the starting line or its extensions.

12.4 A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

The finishing line will be between a staff displaying an orange flag on a race committee boat and the finishing mark.

15 TIME LIMITS AND TARGET TIMES

15.1 Except for the I14 LD race time limits and target times are as follows: (All times are in minutes)

Class/fleet	Time Limit	Mark 1 Time Limit	Target Time
Laser Standard, Radial, Finn, 49er, FX, I14	90	25	45-65
	45	15	20-35

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

15.2 Laser Standard, Laser Radial and Finn classes failing to finish within 20 minutes after the first boat sails the course and finishes will be scored the average of the remaining places. For all others 30 minutes is changed to 15 minutes. This changes RRS 35, A4 and A5.

15.3 Prior to the expiration of the time limit of SI 15.2, the race committee may award finishing places to boats which are delaying the start of the next race. This changes RRS 28.1, 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Protests shall be in writing and delivered to the protest committee desk within the protest time limit. Protest forms will be available at the protest committee desk. The protest time limit will be posted on the official notice board by the protest committee and may be different for each class/fleet.

16.2 Notices of protests by the race committee or protest committee will be posted before the end of the protest time limit to inform boats under RRS 61.1(b).

16.3 On the last day of the qualifying series or the last scheduled day of racing a request for a reopening of a hearing under RRS 66 shall be delivered:

- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
- (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.

16.4 On the last day of scheduled racing rule 62.2 is changed such that a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision is posted.

16.5 Penalties for breaches of sailing instructions marked *[DP]* or class rules, are at the discretion of the protest committee. A boat may accept a discretionary penalty before a hearing concerning the same incident by completing a form available at the protest committee desk.

16.6 Breaches of sailing instructions marked *[NP]* will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16.7 To request correction of an alleged error in posted race or series results, a boat shall complete a Scoring Enquiry Form available at the protest committee desk.

16.8 Notice of scoring actions, RRS 42 and start line penalties will be posted on the official notice board prior to the close of protest time limit. The deadline for requesting redress based on these scoring actions other than RRS 42 will be either 30 minutes after posting of the action notice or the protest time limit, whichever is later. This changes RRS 62.2.

17 ARBITRATION

Arbitration will be offered and will conform to RRS Appendix T. The arbitrator may attend the protest hearing.

18 SCORING

18.1 The Low Point System of Appendix A will apply.

18.2 One race is required to be completed to constitute a series.

- 18.3
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

18.4 Results will be posted on the course notice boards.

19 SAFETY REGULATIONS

All competitors are reminded of RRS 1.1 "A boat or competitor shall give all possible help to any person or vessel in danger."

19.1 ***[DP]* *[NP]* Competitors will check out and check in strictly in accordance with check-out/check-in procedure.** All competitors are required to sign out before leaving for the race course

and sign in immediately upon returning to harbour. The sign-out/sign-in sheets will be located on tables just outside the CORK office.

- 19.2 Failure to comply with SI 19.1 by the end of protest time shall result in a competitor having points equal to 10% of the fleet* rounded upwards to the nearest whole number added to their score without a hearing for the first violation, and 20% for the second violation. Additional alleged violations are subject to protest and, following a hearing, a penalty may include disqualification. This changes RRS 63.1, A3 and A5. Any boat so penalized may request redress under RRS 62.1 if the competitor believes the race committee made an error.

* In the case where a class is split this refers to the fleet to which the competitor is assigned that day.

- 19.3 Competitors shall wear a self-buoyant life jacket or other adequate personal buoyancy securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits do not constitute adequate personal buoyancy. Flag Y will not be flown. This changes the preamble to part 4 and RRS 40.

- 19.4 *[DP]* *[NP]* On water, prior to the first race of a day competitors are requested to 'check-in' with the Race Committee by sailing past the stern of the Signal boat and hailing their number until acknowledged by the Race Committee.

- 19.5 *[DP]* *[NP]* All boats shall return directly to the harbour after completing their last race of the day.

- 19.6 *[DP]* *[NP]* A boat that retires from a race shall notify the race committee as soon as possible.

20 REPLACEMENT OF CREW

[DP] In the event of damage, boats and equipment may only be substituted with the written permission of the race committee. If the damage occurs less than 2 hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the protest or race committee and the written permission of the race committee shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place. Equipment Substitution Forms will be available at the protest committee desk.

21 EQUIPMENT AND MEASUREMENT

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

- 21.2 A boat will register only one sail number and will have that number on the main sail. A boat which races with no number or a number other than the one registered with the organizing authority may be protested and subsequent disqualification from one or more races or such other penalty as may be assessed by the protest committee.

- 21.3 For recording purposes, the organizing authority reserves the right to require numbers or letters on a sail to be adjusted, repaired, outlined in black or replaced.

22 IDENTIFICATION AND ADVERTISING

- 22.1 *[DP]* *[NP]* Boats/boards may be required to display advertising supplied by the organizing authority.

- 22.2 *[DP]* *[NP]* The organizing authority requires the top three competitors in each Sail Canada Championship to wear leader bibs provided by the organizing authority.

- Competitors are required to pick up the leader bibs at sign-out prior to launch and return them at sign-in each day.
- Competitors required to wear a leader bib shall wear their bibs at all times while afloat under the same guide lines as noted for life jackets. .

23 OFFICIAL BOATS

- 23.1 Official boats will be marked as follows: safety/patrol boats will display a distinctive yellow and red flag, and protest committee boats will display a distinctive identification flag. Media boats will display a flag with an M on contrasting background.

- 23.2 On the 49er course actions by the media boats shall not be grounds for requesting redress by a boat. This changes RRS 62.

24 COACH/SUPPORT BOATS AND COACHES MEETINGS

- 24.1 There will be a coaches meeting every morning from 19-23 August, two hours prior to scheduled time of first warning signal. The objectives of these meetings are to coordinate the safety response, receive feedback from the coaches and support personnel on the regatta organization, exchange viewpoints and inform the coaches about changes in the sailing instructions and regatta organization in general.

- 24.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. All support and coach boats shall position themselves at least 100 meters below the start line and 100 meters beyond the lay-lines of the race course whilst racing is in progress, and shall move in such a fashion as to ensure their wake does not affect the boats racing.
- 24.2 Support and coach boats shall register with the organizing authority prior to the first scheduled race providing the names and sail numbers of the sailors they are supporting. Support boats shall be marked with a numbered identification flag. A deposit of \$20.00 will be required for the identification number.
- 24.3 If the protest committee receives a report of a support or coach boat violating any provision of SI 25, the protest committee may call a hearing to investigate the incident. The protest committee may report the incident to their yacht club and/or their national authority; bar their support or coach boats from the premises or penalize their competitors.
- 24.4 In general emergency situations, the signal boat will fly the yellow and red safety flag and all support and coach boats will come under the direction of the race committee.

25 HARBOUR AND SITE REGULATIONS

- 25.1 *[DP] [NP]* All boats shall be launched and hauled out as directed by the organizing authority. At the sole discretion of the organizing authority, dollies and trailers with protrusions may be prohibited from the launch area.
- 25.2 *[DP] [NP]* No boat, except those on assigned moorings, shall be left unattended in the water.
- 25.3 *[DP] [NP]* Automobiles and other vehicles must be parked only in accordance with Portsmouth Olympic Harbour, the City of Kingston and the organizing authority's regulations.
- 25.4 Camping is not permitted at Portsmouth Olympic Harbour.
- 25.5 Failure to follow these regulations by any competitor or the support personnel for that competitor may result in the rescinding of the entry for that competitor, or protest and subsequent disqualification from one or more races, or such other penalty as may be assessed by the protest committee.

26 TRASH DISPOSAL

[DP] [NP] As sailors, we seek to protect and restore our lakes. Boats shall not intentionally put trash in the water (RRS 55). Trash may be placed aboard support and race committee boats..

27 BERTHING

[DP] [NP] Boats shall be kept in their assigned places in the boat park.

28 PRIZES

Prizes will be awarded as follows: 3 entries = one, 4-5 entries = two, 6 or more entries = three. In classes where numbers warrant, other prizes may be given. Class trophies or prizes may be awarded in accordance with class association requirements.

29 RISK STATEMENT

RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

30 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

ADDENDUM A Course Illustrations

Course	Description	
	<i>Five mark trapezoid</i>	
	Signal	Mark Rounding Order
	O 1	Start-1-2-3p-5-Finish
	I 2	Start-1-4s/4p-1-2-3p-5-Finish
	O 2	Start-1-2-3s/3p-2-3p-5-Finish
	O 3	Start-1-2-3s/3p-2-3s/3p-2-3p-5-Finish

Course	Description	
	<i>Windward/Leeward with Hollywood finish at the signal boat</i>	
	Signal	Mark Rounding Order
	H 1	Start-1-2p-Finish
	H 2	Start-1-2s/2p-1-2p-Finish
	H 3	Start-1-2s/2p-1-2s/2p-1-2p-Finish

Course	Description	
	<i>Windward/Leeward with direct finish</i>	
	Signal	Mark Rounding Order
	D1	Start-1-Finish
	D2	Start-1-2s/2p-1-Finish
	D3	Start-1-2s/2p-1-2s/2p-1-Finish

Course	Description	
	ISAF trapezoid	
	Signal	Mark Rounding Order
	I S1	Start-1-2-3p-Finish
	I S2	Start-1-4s/4p-1-2-3p-Finish
	I S3	Start-1-4s/4p-1-4s/4p -1-2-3p-Finish
	O S2	Start-1-2-3s/3p-2-3p-Finish
	O S3	Start-1-2-3s/3p-2-3s/3p -2-3p-Finish

ADDENDUM B

Sail Canada Prescriptions 2017–2020

Effective 1 January 2017

Sail Canada prescribes:

Rule 46 – Person in Charge

Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.

Rule 61.2 – Protest Contents

Sail Canada prescribes that no fee shall be charged for delivering a protest or a request for redress.

Rule 64.3 – Decisions on Protests Concerning Class Rules (insert directly under the title to the rule)

Sail Canada prescribes that unless otherwise provided in its class rules, the Equipment Rules of Sailing shall apply to all classes racing in Canada.

Rule 67 – Damages

Sail Canada prescribes that a boat that has been found by a protest committee to have broken a rule and caused damage shall be considered at fault for the purposes of rule 67.

Rule 70.5(a) – Appeals and Requests to a National Authority

Sail Canada so prescribes.

Rule 86.3 – Changes to the Racing Rules

Sail Canada so prescribes.

Rule 88.2 – National Prescriptions

Sail Canada prescribes that the sailing instructions for events with an international jury or no-appeal protest committee may change or delete any Sail Canada prescription except the prescriptions to rule 61.2, 67 and 91(b). The sailing instructions for other events may not change or delete any Sail Canada prescription.

Rule 91(b) – Protest Committee

Sail Canada prescribes that a request for an international jury formed under rule N1.7 comprised of only three members requires written approval be obtained from Sail Canada before making the request to World Sailing.

Appendix E8 – Appendix G Changes to Identification on Sails (insert directly under title to the rule)

Sail Canada prescribes that this rule applies to Canadian boats in all classes.

Appendix R – Procedures for Appeals and Requests (insert after the preamble)

Sail Canada prescribes that it may delegate an appeal or request for confirmation or correction to an association appeals committee, such as a provincial association appeals committee or a racing association appeals committee. Decisions of an association appeals committee may be further appealed to Sail Canada.

Appendix R2.1(a) – Submission of Documents

Sail Canada prescribes that no later than 15 days after receiving the association appeals committee's written decision, the appellant may send a further appeal and a copy of the association appeals committee's decision to Sail Canada. The appeal shall state why the appellant believes the association appeals committee's decision or its procedures were incorrect.

Appendix R2.2 – Submission of Documents

Sail Canada prescribes that in the case of a further appeal to Sail Canada, this rule shall apply to the appellant as though it was an initial appeal, and to the appealed committee as though it was the protest committee.

Appendix R3 – Responsibilities of National Authority and Protest Committee

Sail Canada prescribes that when an appeal is delegated to an association appeals committee, the responsibilities and actions required of the national authority in this rule, and in rules R4, R5, 71.2 and 71.3, shall be performed by the association appeals committee.

When a decision of an association appeals committee is further appealed, Sail Canada shall send to the parties, protest committee and association appeals committee copies of the appeal. No member of the association appeals committee shall take any part in the discussion or decision on the appeal.

Appendix R4 – Comments and Clarifications

Sail Canada prescribes that when a decision of an association appeals committee is further appealed, the parties, protest committee and association appeals committee may make comments on the appeal. Comments on the appeal shall be made no later than 15 days after receiving it from Sail Canada. Sail Canada shall send copies of the comments to the parties, protest committee and association appeals committee as appropriate.