



2023 J/22 North American Championship

Organizing Authority: CORK/Sail Kingston

July 12-16, 2023
Portsmouth Olympic Harbour
Kingston, Ontario, Canada

Notice of Race (NoR)

Amendment 1: Removal of section 11. Penalty System (July 14, 2023 at 0820)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 [DP] RRS 40.1 applies and is amended so that it applies at all times while afloat.
- 1.3 The following national prescription may require advance preparation:
RRS 46 – Person in Charge – Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of Sail Canada through either a club affiliated to Sail Canada or such person's Provincial Sailing Association.
- 1.4 RRS Appendix T "Arbitration" will apply.
- 1.5 The Sail Canada Prescriptions can be found at https://sailing.ca/uploads/2020/10/Sail-Canada-Prescriptions-to-the-RRS_2021-2024.pdf
- 1.6 [DP] Protocols related to COVID-19 may be published at any time, state when they will take effect, and will state if they have the status of a rule.
- 1.7 The CORK code of conduct applies <http://www.cork.org/wp-content/uploads/2021/06/CODE-OF-CONDUCT-v21.02.05.pdf>

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be posted on the online official notice board.

3 COMMUNICATION

- 3.1 The online official notice board is located at:
<https://www.racingrulesofsailing.org/documents/5196/event?name=j22-north-american-championship>
- 3.2 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

- 3.3 On the water, the race committee intends to communicate with competitors on VHF radio. The VHF channel will be stated in the sailing instructions.
- 3.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her bow number. Failure to hail her bow number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

4 ELIGIBILITY AND ENTRY

- 4.1 The regatta is open to boats of the J/22 class.
- 4.2 Eligible boats may enter by completing the online form and submitting it through the event website www.cork.org
- 4.3 All sailors must sign the waiver and release of liability form (Appendix 1)
- 4.4 To complete the entry process, participants must pay all fees and complete the attached checklist (Appendix 2)

5 FEES AND REFUNDS

Date	Fees
Early Bird Fee: Completed entry process and entry fee received on or before March 30, 2023	CAD \$585 (13% tax included)
Regular Fee: Completed entry process and entry fee received after March 30, 2023, but on or before June 30, 2023	CAD \$650 (13% tax included)
Late Fee: Completed entry process and entry fee received after June 30, 2023	CAD \$700 (13% tax included)

- 5.1 The entry fee covers racing and site use including the use of the crane from July 12 - 16, 2023.
- 5.2 In the case of event cancellation or postponement by CORK, all fees except for bank charges will be refunded.
- 5.3 All fees except for bank charges will be refunded to boats that cancel prior to July 1, 2023.

6 [DP] ADVERTISING

- 6.1 Boats may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies.

7 SCHEDULE

Date	Time	Event
Wednesday July 12	1200 – 1800	Competitor Registration, Inspection, Weigh-in, and check-in at Portsmouth Olympic Harbour (CORK registration desk in Sailroom).
Thursday July 13	1000 - 1600	Competitor Registration, Inspection, Weigh-in, and check-in at Portsmouth Olympic Harbour (CORK registration desk in Sailroom).
	1400	Practice Race
	1630	Opening Ceremonies
Friday July 14	0900	Competitors Meeting
	1100	Warning signal for First Race of the Day (3 races scheduled)
	After Racing	Daily Awards (approximate timing based on completion of racing)
	1800	Regatta BBQ

Saturday July 15	1100	Warning signal for First Race of the Day (3 races scheduled)
	After Racing	Daily Awards (approximate timing based on completion of racing)
Sunday July 16	1100	Warning signal for First Race of the Day (3 races scheduled)
	1500	No warning signal after this time
	After Racing	Closing Ceremony and Awards (approximate timing based on completion of racing)

7.1 The race committee may run one extra race on a day provided that they do not get more than one race ahead of the daily schedule and do not exceed the number of races scheduled for the event.

8 EQUIPMENT INSPECTION, MEASUREMENT, AND CREW WEIGHING

8.1 All boats will be required to have a valid measurement certificate registered with the IJ/22CA.

8.2 Boats with a valid measurement certificate will have the required portable equipment in accordance with IJ/22CA Section C.5 verified and the boat weighed in accordance with IF/22CR Section C.6 during registration hours.

8.3 Skippers and crews will be required to comply with IJ/22CR Rule C.2.2: total crew weight (C.2.1 (a)) and substitution (C.2.1 (b)). Competitors will be weighed during registration hours listed in NOR 7. Schedule.

8.4 A boat or equipment may be inspected at any time for compliance with IJ/22CA Rules and the sailing instructions.

8.5 Sails shall be dropped off for measurement at the Portsmouth Olympic Harbour Sailroom during registration hours.

8.6 Only one suit of sails may be used for the entire regatta. The sails for a boat shall be measured and stamped by the regatta organizers.

8.7 In accordance with RRS Appendix G, a boat chartered or loaned for this event may carry national letters or a sail number in contravention of the Class Rules.

8.8 In the event of damage, boats and equipment may only be substituted with the permission of the race committee, except as in NOR 8.9 Equipment Substitution application is available on the online Official Notice Board.

8.9 If the damage occurs less than 2 hours before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee before using the equipment in a race and online equipment replacement permission shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

9 VENUE

9.1 Sailing will be in Lake Ontario South of Portsmouth Olympic Harbour.

10 COURSES

10.1 The course to be sailed will be windward/leeward with a windward offset mark and a leeward gate.

~~11 PENALTY SYSTEM~~

~~11.1 RRS Appendix P, Special Procedures for RRS 42 will apply.~~

12 SCORING

12.1 One race is required to constitute a series.

12.2 When fewer than six races have been completed, a boat's series score will be the total of her race scores.

12.3 When from six to nine races have been completed, a boat's series score will be her total of her race scores excluding her worst score.

12.4 Nine races are scheduled.

13 [DP] BERTHING

13.1 Boats will be launched from Portsmouth Olympic Harbour and trailers will be stored in the designated storage areas with the boat's bow number as identification

13.2 Berthing will be assigned by the OA.

13.3 All boats shall be afloat by 1630 on July 13, 2023

13.4 Rudders shall remain affixed during the time afloat.

14 [DP]HAUL-OUT RESTRICTIONS

14.1 Keelboats shall not be hauled out between the preparatory signal of the first race and the end of the event except with and according to the terms of prior written permission of the race committee.

15 [DP]DIVING EQUIPMENT AND PLASTIC POOLS

15.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the event.

16 DISCLAIMER OF LIABILITY AND RISK STATEMENT

RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission.

(d) Their boat is in good order, equipped to sail in the event and they are fit to participate.

(e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities.

(f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

17 INSURANCE

17.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$300,000. The organizing authority does not accept any responsibility for verifying that a boat has valid third-party liability insurance.

18 PRIZES

18.1 The Canadian J/22 Class will provide a variety of prizes depending on the number of competitors in the fleet. Some class associations may provide their own additional prizes.

18.2 Other awards may be given.

19 FURTHER INFORMATION

19.1 For further information, please contact the Michele Cimon at micheleacimon@gmail.com

19.2 Additional useful information regarding accommodations, travel, boat charters, equipment services and area recreation are available at www.cork.org

19.3 Charter boats may be available; please contact Michele

20 [DP] CONCUSSION AWARENESS

20.1 Certain aspects of Rowan's Law are in effect. To review current information and requirement, check the Ontario Sailing website: <https://ontariosailing.ca/concussion-information/>

20.2 Competitors and Support Persons under the age of 26, need to:

- confirm they have read the Ministry Approved Concussion Awareness Resource.
- confirm they have reviewed, and committed to, the Ontario Sailing Athlete Concussion Code of Conduct.

21 PHOTO AND VIDEO DISCLAIMER

CORK/Sail Kingston

Portsmouth Olympic Harbour | 53 Yonge St. Kingston, ON, K7M 6G4

Phone: (613) 545-1322 | Email: sail@cork.org

21.1 By participating in the event, competitors give absolute right and permission for any photograph and video footage taken of themselves or the boat they are sailing during the event to be published in any media whatsoever, for either editorial or advertising purposes to be used in press information without compensation.

Appendix 1



**PARENT/GUARDIAN
ACKNOWLEDGEMENT AND ACCEPTANCE OF RISKS
For all sailors and support personnel under the age of 18**

Event: 2023 J22 North Americans

Name of (minor) sailor or support person: _____

Class: _____ Sail Number: _____ Bow Number: _____

REMINDER: RRS 3 OF THE RACING RULES OF SAILING STATES: “THE RESPONSIBILITY FOR A BOAT’S DECISION TO PARTICIPATE IN A RACE OR TO CONTINUE RACING IS HERS ALONE.”

This document is to be signed by the parent or guardian of any sailor or support person under the age of 18 (the “Participant” or the “Minor”.) Support personnel or support person means any person registered in that capacity with the Organization for the Event, including team leaders, coaches, parents and other such persons who are acting in support of a sailor.

In consideration of the Minor’s participation in the event described above (the “Event”) hosted by CORK/Sail Kingston Inc. (the “Organization”), I (and my heirs and any legal and personal representatives, executors, administrators, successors, and assigns), agree to the following (the “Agreement”):

BY SIGNING THIS DOCUMENT, YOU ARE ACKNOWLEDGING AND ACCEPTING ALL OF THE RISKS INHERENT IN THE MINOR’S PARTICIPATION IN THE EVENT, WHETHER ON OR OFF THE WATER.

1. **RULES AND REGULATIONS:** I agree that the Participant will abide by the rules, regulations, and policies of the Organization (and of any class or sailing association whose rules govern the Event), including any and all COVID-19 related safety measures required by the Organization.
2. **CERTAIN REPRESENTATIONS:** I am the parent or legal guardian of this Participant; said Participant is fit and competent to take part in the Event; their boat is in good order and equipped to participate; the provision of a race management team, patrol boats and other officials and volunteers by the Event organizers does not relieve the Participant or me of their or my own responsibilities; the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
3. **DRUG TESTING:** I consent to the Minor participating in drug testing procedures and, if asked, providing a urine sample under observation for analysis at an accredited laboratory.
4. **ACKNOWLEDGMENT OF RISK:** I knowingly, willingly, and voluntarily acknowledge the inherent risks associated with the sport of sailing and attendance at an Event, and that participation in any Event involves risks and dangers including, without limitation, the potential for serious bodily injury (including broken bones, head or neck injuries), hypothermia (cold water and air), concussion, sickness,

trauma, permanent disability, paralysis and death; loss of or damage to personal property; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with other participants or natural or manmade objects; adverse weather conditions; facilities issues and premises conditions; participants of varying skill levels; situations beyond the immediate control of the Event organizers and competition management; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). .

5. **ASSUMPTION OF RISK: I understand that Risks may be caused in whole or in part or result directly or indirectly from the negligence of the Participant’s own actions or inactions, the actions or inactions of others participating in the Event, and I voluntarily and knowingly assume all such Risks and responsibility for any damages, liabilities, losses, or expenses that the Participant incurs as a result of their participation in the Event, whether on or off the water. I also agree to be responsible for any injury or damage caused by the Participant at the Event.**
6. CONFIRMATION RELATED TO CONCUSSION AWARENESS: I have read an Ontario Ministry Approved Concussion Awareness Resource: <https://ontariosailing.ca/concussion-information/> and have reviewed, and committed to, the applicable Ontario Sailing Concussion Code of Conduct
7. USE OF PHOTO AND VIDEO: I give absolute right and permission to the Organization and its agents for any photograph and video footage taken of the Participant or the boat they are sailing during the Event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information, without compensation.
8. COMPLETE AGREEMENT AND SEVERABILITY CLAUSE: This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.
9. APPLICABLE LAW AND JURISDICTION: This Agreement shall be governed by the laws of Ontario (and the laws of Canada applicable therein). The parties expressly submit to the exclusive jurisdiction of the courts of Ontario as regards any matter arising from this Agreement and/or participation in the Event.

During the event (**please tick one**):

I will be responsible for the Minor throughout the event, and during the time the Minor is afloat I will be available at the event venue (either on land or on the water).

I appoint the person named below, who has agreed to act in loco parentis, to be responsible for the Minor throughout the event. During the time the Minor is afloat the person acting in loco parentis will be available at the event venue (either on land or on the water). IF A PERSON IS TO ACT IN LOCO PARENTIS PLEASE COMPLETE THE BOX BELOW AND HAVE THAT PERSON SIGN WHERE INDICATED

I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ACKNOWLEDGEMENT AND ASSUMPTION OF RISK.

By signing below, I accept and agree to the terms and conditions of this Agreement in connection with participation by the Minor in the Event.

Name of Parent/Guardian: _____

Address: _____ Telephone/Mobile: _____

Signature of Parent/Guardian: _____

Date: _____

IF APPLICABLE PLEASE COMPLETE AND HAVE THE PERSON APPOINTED TO ACT IN LOCO PARENTIS SIGN BELOW

In consideration of allowing the Minor to participate in the Event I agree to act in loco parentis to the Minor and agree and acknowledge that:

- the Minor will abide by the rules, regulations, and policies of the Organization (and of any class or sailing association whose rules govern the Event), including any and all COVID-19 related safety measures required by the Organization, and
- I will be responsible for the Minor throughout the event, and during the time that he/she is afloat

I will be available at the event venue (either on land or on the water).

Name of person appointed to act in loco parentis:

telephone/mobile: _____

Signature of person acting in loco parentis _____ Date



WAIVER AND RELEASE OF LIABILITY

For all sailors and support personnel 18 years of age or older

Event: 2023 J22 North Americans

Name of sailor signing below: _____

Class: _____ Sail number: _____ Bow number: _____

REMINDER: RRS 3 OF THE RACING RULES OF SAILING STATES: "THE RESPONSIBILITY FOR A BOAT'S DECISION TO PARTICIPATE IN A RACE OR TO CONTINUE RACING IS HERS ALONE."

BY SIGNING THIS DOCUMENT, YOU ARE RELEASING CORK AND ITS PERSONNEL FROM ANY AND ALL LIABILITY OR RESPONSIBILITY WHATSOEVER FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH HOWEVER CAUSED, WHETHER ON OR OFF THE WATER, INCLUDING, BUT NOT LIMITED TO, THE NEGLIGENCE OF THE

Support personnel or support person means any person registered in that capacity with the Organization for the Event, including team leaders, coaches, parents, and other such persons who are acting in support of a sailor.

In consideration of my participation in the event described above (the "Event") hosted by CORK/Sail Kingston Inc. (the "Organization"), I (and my heirs and any legal and personal representatives, executors, administrators, successors, and assigns), agree to the following (the "Agreement"):

1. **RULES AND REGULATIONS:** I agree to abide by the rules, regulations, and policies of the Organization (and of any class or sailing association whose rules govern the Event), including all COVID-19 related safety measures required by the Organization.
2. **CERTAIN REPRESENTATIONS:** My boat is in good order, equipped to participate in the Event and I am fit to participate; the provision of a race management team, patrol boats and other officials and volunteers by the Event organizers does not relieve me of my own responsibilities; the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
3. **ACKNOWLEDGMENT OF RISK:** I knowingly, willingly, and voluntarily acknowledge the inherent risks associated with the sport of sailing and attendance at an Event, and that participation in any Event involves risks and dangers including, without limitation, the potential for serious bodily injury (including broken bones, head or neck injuries), hypothermia (cold water and air), concussion, sickness, trauma, permanent disability, paralysis and death; loss of or damage to personal property; exposure to

extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with other participants or natural or manmade objects; adverse weather conditions; facilities issues and premises conditions; participants of varying skill levels; situations beyond the immediate control of the Event organizers and competition management; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”).

4. ASSUMPTION OF RISK: I understand that Risks may be caused in whole or in part or result directly or indirectly from the negligence of my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties (defined below), and I voluntarily and knowingly assume all such Risks and responsibility for any damages, liabilities, losses, or expenses that I incur as a result of my participation in the Event. I also agree to be responsible for any injury or damage caused by me or any agents under my direction and control at any Event.
5. **RELEASEI release from liability and waive any claims against the Organization, together with its officers, directors, employees, volunteers and agents (the “Released Parties”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss, or expense (including court costs and reasonable attorney fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties, whether passive or active.**
6. CONFIRMATION RELATED TO CONCUSSION AWARENESS: [Applicable only to those under the age of 26] I have read an Ontario Ministry Approved Concussion Awareness Resource: <https://ontariosailing.ca/concussion-information/> and have reviewed, and committed to, the applicable Ontario Sailing Concussion Code of Conduct.
7. USE OF PHOTO AND VIDEO: I give absolute right and permission to the Organization and its agents for any photograph and video footage taken of myself or the boat I am sailing during the Event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information, without compensation.
8. COMPLETE AGREEMENT AND SEVERABILITY CLAUSE: This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.
9. APPLICABLE LAW AND JURISDICTION: This Agreement shall be governed by the laws of Ontario (and the laws of Canada applicable therein). The parties expressly submit to the exclusive jurisdiction of the courts of Ontario as regards any matter arising from this Agreement and/or my participation in the Event.

I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ASSUMPTION OF RISK, RELEASE, AND WAIVER FROM LIABILITY.

By signing below, I accept and agree to the terms and conditions of this Agreement in connection with my participation in the Event.

Participant Signature: _____ Date: _____



2023 J22 North American Competitors' checklist

Helm name: _____
Cell phone: _____
Sail-number: _____
Bow number: _____

SAFETY J22 CLASS

I have ensured that my boat meets class rules requirements.

CORK CODE OF CONDUCT

I have read and understood the CORK code of conduct.

CLASS MEMBERSHIP

I am a member of the International J22 Class Association

FOR ATHLETES 18 YEARS OF AGE OR OLDER

I have read, understood and signed the waiver and release of liability document.

Signature and cellphone number: